

DECISION-MAKER: HEALTH OVERVIEW AND SCRUTINY PANEL
SUBJECT: SOUTHAMPTON ADULT MENTAL HEALTH SERVICES AND COST IMPROVEMENT PLAN UPDATE
DATE OF DECISION: 26 MARCH 2015
REPORT OF: SOUTHAMPTON AREA MANAGER

CONTACT DETAILS

AUTHOR: **Name:** Sally Banister
 E-mail: sally.banister@southernhealth.nhs.uk
Director **Name:** Dr Lesley Stevens **Tel:** 023 8087 4000
 E-mail: lesley.stevens@southernhealth.nhs.uk

STATEMENT OF CONFIDENTIALITY

None

BRIEF SUMMARY

This report provides an overview of mental health services in Southampton. It includes a service overview, including details of the recent Care Quality Commission (CQC) inspection, a finance update, and details a number of projects and new initiatives taking place within the City.

RECOMMENDATIONS:

- (i) That the Panel notes the report.
- (ii) That the Health Overview and Scrutiny Panel notes the outcome of the CQC inspection.
- (iii) That the Health Overview and Scrutiny Panel notes progress being made by Southern Health NHS Trust towards completing the action plan.

REASONS FOR REPORT RECOMMENDATIONS

1. The Health Overview and Scrutiny Panel requested an update on the CQC inspection outcomes and progress on the action plan, with specific reference being made to implications for Southampton residents.

ALTERNATIVE OPTIONS CONSIDERED AND REJECTED

2. None.

DETAIL (Including consultation carried out)

Background

3. Southern Health provides secondary care mental health services for adults in Southampton. This comprises:
 - An Access and Assessment Team which also provides brief intervention and Crisis support
 - Community Treatment Teams which provide ongoing care for people with serious mental illness. This includes an Early Intervention in Psychosis service and Assertive Outreach
 - Hospital at Home - an intensive support service which operates as an alternative to a hospital admission
 - Antelope House
 - Acute Inpatient Care (20-bedded male ward and 20-bedded female ward)
 - Psychiatric Intensive Care - a more highly staffed 10-bedded ward for people more acutely unwell
 - Forest Lodge
 - An 18-bedded rehabilitation unit

CARE QUALITY COMMISSION REPORTS

4. Significant concerns were raised following CQC visits to Antelope House in December 2013 and February 2014. A number of compliance notices were received. Intensive support was put into Antelope House with work streams covering
 - Physical environment
 - Leadership
 - Care Planning and Treatment
 - Risk Assessment
 - Physical Health
5. An organisation-wide inspection took place in October 2014 which rated Southern Health as needing improvement, but identified a number of areas of good and excellent practice. Key themes for mental health services included Crisis Care and ensuring environment and practice was safe around ligatures and seclusion. Reports were completed for each of the services including those relating to Southampton adult mental health are linked below:
 - Acute Wards for Adult Working Age and Psychiatric Intensive Care Units (included as Appendix 1 due to web link being broken)
 - [Crisis Service/S136 Health-Based Place of Safety](#)
 - [Community-Based Mental Health Services for Adults of Working Age](#)
 - [Long Stay/Rehabilitation Mental Health Wards For Working Age Adults](#)

6. The Care Quality Commission inspection of Southern Health NHS Foundation Trust in October was due to be published imminently. The Panel therefore requested an overview of the report's findings at the next meeting, noting any implications for Southampton residents. The CQC Inspection Report is attached at Appendix 1
7. Southern Health NHS Foundation Trust will update the committee on the latest Care Quality Commission (CQC) inspection report outcomes and resulting action plan, with an additional focus on implications for Southampton residents. This will take the form of a presentation, with an opportunity for questions. The presentation is attached at Appendix 2.

FINANCIAL POSITION

8. Southern Health is currently projecting a deficit position for the year-end. In light of continued national and local pressures this difficult position is likely to be maintained into 2015/2016 and contributes to the need to review services to ensure delivery is as efficient and cost effective as possible.
9. Within the Trust, Adult Mental Health has provided significant cost pressures through:
 - higher than planned use of inpatient resources without additional income (for 2014/2015 across all of Hampshire and Southampton this has cost approximately £5m)
 - high use of bank and agency staff, supporting both vacancies and "specialling" (adding staff to a ward to deliver 1:1 support when service users are very unwell).
10. Southampton Adult Mental Health services have operated in an overspend position throughout 2014/2015. Whilst significant progress has been made in reducing the monthly overspend (through reduction in cost of bank and agency use, better rostering and more effective shift patterns), this has been offset by the need to employ additional staff in some wards to better comply with the Safer Staffing review. In addition, Adult Mental Health in Southampton has invested in improvements to the ward and unit environment at Antelope House (though the cost was non-recurrent).
11. Along with all NHS organisations Southern Health needs to plan for the next financial year using the assumptions within the NHS Five Year Forward View and the planned changes to the national tariff.

BUSINESS PLANNING/COST IMPROVEMENT PROGRAMME

12. In order to deliver both continuous improvement and reduced costs, Adult Mental Health has (as part of the Mental Health, Learning Disability and TQ TwentyOne division), identified a series of programmes for the next three years (with priorities for 2015/2016) and a set of Cost Improvement Schemes for the year. Together these constitute the Business Plan for the division and service.

13. **The Business Plan**

- builds upon the previous service redesign
- acknowledges changes in the operating environment
- acknowledges areas where specific qualitative improvement is needed
- reduces costs in line with national requirements and any local pressures

15. The proposed priorities for development and cost savings (CIPS) are shown in Appendix 3. Whilst none of these are specific to Southampton, each will require contribution from Southampton services, and liaison and partnership with commissioners and other Southampton stakeholders.

DEVELOPMENTS AND NEW SERVICES

16. An outline of developments and new services within Southern Health are outlined at Appendix 4.

RESOURCE IMPLICATIONS

Capital/Revenue

17. As detailed in section 5 above.

Property/other

18. None

LEGAL IMPLICATIONS

Statutory power to undertake proposals in the report

19. The powers and duties of health scrutiny are set out in the Local Government and Public Involvement in Health Act 2003

Other legal implications:

20. None

POLICY FRAMEWORK IMPLICATIONS

KEY DECISION? No

WARDS/COMMUNITIES AFFECTED:	All
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SUPPORTING DOCUMENTATION

Appendices

- 1 CQC REPORT - ACUTE WARDS FOR ADULT WORKING AGE AND PSYCHIATRIC INTENSIVE CARE UNITS
- 2 SOUTHERN HEALTH RESPONSE TO THE INSPECTION
- 3 BUSINESS PROGRAMMES AND COST IMPROVEMENT PLANS
- 4 SOUTHERN HEALTH DEVELOPMENTS AND NEW SERVICES

Documents In Members' Rooms

1. None

Equality Impact Assessment

Do the implications/subject of the report require an Equality Impact Assessment (EIA) to be carried out. No

Other Background Documents

Equality Impact Assessment and Other Background documents available for inspection at:

- | Title of Background Paper(s) | Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable) |
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| 1. None | |